12v12 RULEBOOK

The Bay State Bullets have established this rulebook to provide a competitive playing experience for participating in the FALL FEAR. It is expected that each participating team will stress good sportsmanship as well as the rules of play. Good sportsmanship on the part of all players, coaches and spectators is always the expectation. Bay State Bullets are dedicated to complying with all rules of US Lacrosse.

Field Player Equipment:

- Protective eyewear: All field players must wear proper eye protection (goggles). Eye protection is essential for providing a safe environment and must meet the most current ASTM Specification Standard F803 for women's lacrosse, be tested at a PECC approved testing facility and be listed on the US Lacrosse website.
- Mouth piece: All players must wear a professionally manufactured intra-oral mouthpiece without protruding tabs that fully covers the upper jaw teeth.
- Gloves: Close-fitting gloves may be worn by players.
- Footwear/cleats: Composition or rubber soled shoes must be worn and may have plastic, leather, or rubber cleats-studs. Spikes are not allowed.
- Other Personal Equipment: Nose guards, soft headgear, and protective devices necessitated by medical grounds may be worn. A medical note is required if a player needs to be wearing a nose or face mask.

Goalie Equipment:

- Goalies must wear shin guards, padded pants, chest protector, helmet, mouth and throat guard, and goalie gloves.
- Helmets must be NOCSAE Certified.
- Goal face blockers or rejectors are not allowed during tournament games. Blockers/rejectors create an unfair advantage to the defensive team. Additionally, the use of such equipment fails to create an authentic game-like situation for both teams. If a team does not have a goalie, they are encouraged to arrange to have a field player play in goal.
- An extra set of goalie equipment will be provided in case a teams goalie is not present. A field player will be asked to dress.

Checking:

- 5/6 - modified checking
- 7/8 - full checking

Start of game: To draw, the ball is to be placed in the upper third of the head of the cross at the widest part of the head.

Rules of Game:

- All games will operate on a central horn.
- All time is running time.
- The games are (2) 20-minute halves, running time.
- All games must start on time
- 5-minute halftime
- **The deputy is not allowed.**
- All substitutions must be made at the 50-yard line through the substitution area.
- 11 field players plus a goalie.
- Goggles and mouth guards are mandatory.
- No pass rule.
- 4 players stay behind the restraining line.
- Draw will be set up after each goal.

- Score will be kept by the table. After coaches sign the scoresheet, no changes may be made.
- There will be no time outs.

SPORTSMANSHIP and RESPECT:

- Good sportsmanship is at the foundation by which we operate.
- Regarding rules of the game, encourage players to respect the spirit of the game and the rules by which it is played.
- Coaches are asked to respect the rules and not bend the rules to win.
- A worthy opponent is a benefit that forces us to play to our highest potential. Coaches and players are asked to respect all opponents and the opportunity they provide in playing the game.
- We treat officials with respect even when we disagree.
- We live up to our own highest standards regardless of what others do. In doing so, we pay respect to the game, to ourselves, our teammates and our opponents.

SPECTATORS:

- Spectators will have designated “viewing” areas. Opposite side of field from team bench area.
- Spectators may not be on team/player sidelines.

TIE BREAKER:

1. Total Points
2. Head to head
3. Goals allowed
4. Goals allowed in first game
5. Coin toss