

Jackson Polar Bear Lax Fest Tournament Rules

Regulation Play

Grades 3-4: 7v7: 60x30 field with 6x6 goal, no time serving penalties, player leaves field

Grades 5-6/7-8; 10v10 on full field, time serving penalties

- All games are (2) 20-minute running halves
- 5-minute halftime
- Running clock; clock does not stop for time outs, injuries, or other interruptions of the game
- Time Outs (1) time out per half
- No timeouts last (2) minutes of second half of game
- Game clock doesn't stop during time outs
- Each team is asked to provide endline balls for each game. Additional game balls will be available at the scoring table as well.

Overtime: Sudden victory – first team to score a goal will be the winner. OT starts immediately after regulation play. One 3-minute overtime and then the game will be called a tie.

Mercy Rule: there is no mercy rule, however, good sportsmanship is HIGHLY recommended. 10-point lead, losing team receives ball after a goal, no face off.

Uniforms

- Home team – light jersey
- Away team – dark jersey

Field managers are available to answer questions, resolve any disputes and keep the tournament running on time.

Game Clock & Penalty Time: there will be volunteers at each field to manage these.

Coaches as always, we ask that all coaches, players and parents treat the officials and each other respectfully. We are looking forward to a fun day of lacrosse!