

# Hoops4HIM

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## INFORMATION FOR THE 2025 Hoops 4HIM AAU BASKETBALL SEASON

### OVERVIEW

Hoops 4HIM sponsors teams at the following levels for both boys and girls.

- 10U (4th Grade)
- 11U (5th Grade)
- 12U (6th Grade)
- 13U (7th Grade)
- 14U (8th Grade)
- 15U (9th Grade)
- 16U (10th Grade)

Hoops 4HIM AAU Basketball is a competitive experience. This program is designed for the more advanced youth basketball player who is seeking to continue playing basketball beyond the winter school feeder select season. Our goal is to be excellent in the area of player development accomplished in a decidedly Christian environment.

Below is the practice and game commitment.

- Two 90 minute evening practices per week.
- 6 local tournaments. No overnight stays. Season ends Sunday May 25th.

### OPTIONAL

Athletes may participate in the following Hoops 4HIM spring programs at a discounted rate.

- OPTIONAL: One 60 minute skills training per week led by former WSU Head Coach Ken Bone. 8 Weeks Total. \$125 additional charge for Spring AAU athletes (\$250 price for athletes not in the program). Starts March 26th.
- OPTIONAL: Spring 3on3 League. 8 Friday Evenings @ CPC Bothell Starting March 28th. \$100 additional charge for our Spring AAU athletes (\$199 for athletes not in the program).

### ROSTERS

Each team consists of a maximum of 10 athletes. A second team at a grade level will be considered depending on the number of available athletes at tryouts. Team Rosters will be chosen based on those individuals that demonstrate an ability to compete and develop at the AAU level. Enrollment at a particular school has no bearing on team tryout decisions.

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## COACHES

Hoops 4HIM basketball coaches are committed Christians that view coaching as a positive way to influence others toward Jesus Christ. Stay tuned for the coaching staff to be announced at a later date.

## PRACTICES

Practice starts the week of March 17th. Athletes who play another spring sport are expected to give reasonable advance notice when there is a scheduling conflict with basketball. Teams practice at the CPC Bothell campus or other local public school facilities. Practice length is 90 minutes with priority given to younger teams for earlier practice times. Most teams will practice on Tuesdays & Thursdays.

## PLAYING TIME

Playing time for all games is left up to the discretion of the coaching staff. Playing time is earned on the basis of each player's effort, attention, commitment, and ability displayed in practice. Those players with the best ability to combine these skills will receive the greatest amount of playing time. Playing time is not guaranteed and fluctuates on a game to game basis. Playing time is also subject to a player attending practice and participating with a good attitude.

## 3ON3 SPRING LEAGUE (OPTIONAL) & TOURNAMENTS

Listed below is the tentative game schedule for the season. EVENTS ARE SUBJECT TO CHANGE. Athletes participating in the OPTIONAL 3on3 Spring League will play in 1 or 2 games on Friday evening @ CPC Bothell. Each tournament includes 3-4 games over the weekend and tourney game schedules are not typically released until a few days before the event. Tournaments will be in the Puget Sound area with the specific tournaments being communicated later. Families are asked to schedule around the game calendar to avoid conflicts as much as possible.

Friday March 28 - Spring 3on3 League WEEK 1

Friday April 4 - Spring 3on3 League WEEK 2

April 5 & 6 - Tournament #1

Friday April 11 - Spring 3on3 League WEEK 3

April 12 & 13 - Tournament #2

Friday April 18 - Spring 3on3 League WEEK 4

Friday April 25 - Spring 3on3 League WEEK 5

April 26 & 27 - Tournament #3

Friday May 2 - Spring 3on3 League WEEK 6

May 3 & 4 - Tournament #4

Friday May 9 - Spring 3on3 League WEEK 7

May 10 & 11 - Tournament #5



Friday May 16 - Spring 3on3 League WEEK 8  
 May 24 & 25 - Tournament #6

**PROGRAM SCHEMES & SKILL DEVELOPMENT**

Hoops 4HIM Executive Director Adam Lynch provides oversight and is a resource for all teams. Adam has coached for 25+ years and is currently an assistant men’s basketball coach at Northwest University in Kirkland, WA.

**FOR HIM!**

Hoops 4HIM is a decidedly Christian basketball program. Our Program competes “For Him!”. At the start of each practice a Thought of the Day will be led by the coach that presents from a biblical worldview. In addition, coaches will pray before & after games/practices and use basketball as a tool to help athletes grow in their knowledge and faith in Jesus Christ.

**FEES**

Registration: The registration fee for the season is \$1199. The player fee covers the facility for practices, tournament fees, equipment, coaching stipend, and administrative fees.

AAU Card: An AAU membership is required for any athlete in our program. Membership in AAU provides additional liability insurance at sanctioned AAU events. This is a separate \$20 charge paid directly to AAU via their online registration platform.

Gear: Select basketball gear is ordered directly from the gear provider and total cost will depend on how much you order above what is required. Gear costs for required items (game uniform, practice jersey, and pregame hoodie) is \$159. Other items such as a team bag, sweatshirt, etc. are optional. Parents are encouraged to purchase any personal items to be worn as spirit wear to the games.

**Below is a breakdown of the fees for the season.**

	<b>Registration</b>	<b>AAU Card</b>	<b>*Gear</b>	<b>Est. Total Cost</b>
All Teams	\$1199	\$20	\$159	\$1,378

*\*Gear is purchased directly from our gear vendor. Costs are estimated and will vary depending on how many optional items are ordered.*

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## TRYOUTS

We have one scheduled tryout. There is a \$10 fee to tryout.

Click [HERE](#) for further information.