

VOLLEYBALL RULES

1. Adult Women's and Co-Ed Leagues: No one under 18 years of age may be on a team.
High School Leagues: Players must be between the ages of 14 and 17.

2. Rosters will be a minimum of 6 players and a maximum of 15 players.

3. **ALL** teams should be 15 minutes early prior to their scheduled game time.

4. A team must start the first set with four (4) players at their scheduled starting time or the first set will be a forfeit. **THERE WILL BE NO GRACE PERIOD.** If a set has already started and a player(s) arrive late, that player(s) may enter the set in the fifth or sixth position of the rotation and play resumes.

Co-Ed must play three (3) men and three (3) women, two (2) men and four (4) women or one (1) man and five (5) women.

In Women's and Co-Ed, you can play with four players and there will be **NO** ghost server.

(In case of an injury: Any team may finish with four players, with no sideout for the injured player(s))

5. A player may **NOT** play on more than one team within the same division.

6. A game will consist of two (2) sets to 25 points and a third set to 15 points with a running clock set at 15 minutes each set. Whether time runs out or not, a team must be ahead by two (2) points to win a set.

7. Substitutions must begin after each team's first server has served, received the ball after the opposing team has served and then the first server begins to rotate to the middle

position in the back row. There will be no free substitutions – **ALL** substitutions will enter the back row, middle position.

8. If children attend the games, **THEY MUST BE** accompanied by an adult or teenage of at least 16 years of age to see that they remain seated in the bleachers at all times!

9. NO SMOKING, CHEWING OF TOBACCO, DRINKING OF ALCOHOL OR CUSING INSIDE THE WINTER SPORTS COMPLEX.

10. **NO** fast food **or** fountain drinks in the play area – **NO EXCEPTIONS!!!**

11. Co-Ed: The 3 guy rule will not be in effect...**UNLESS** it is viewed by the official that the girls are being skipped intentionally. Then it will be enforced for the rest of your game.

12. Both teams: You have only one (1) ref! Your ref will not see every call that needs to be made as they are only one (1) person, so if you know a call was missed...**BE HONEST** and make the call yourself. Your ref will appreciate you very much!!!