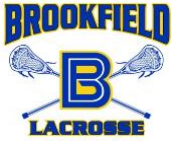




# 2023 Ice Breaker Lacrosse Tournament

## Boys Official Rules

- Teams will not be permitted to play unless all outstanding payments are handed in before the first game.
- Tournament is for Lightning, Junior and Senior level players.
- Each team must have at least one coach who is US Lacrosse insured and will be responsible for the team's discipline and act as the team's representative. Heckling, taunting or otherwise unsportsmanlike conduct towards players or officials will not be tolerated.
- Junior and Senior games are played in a 10 vs. 10, full field format. Lightning games are played 8 vs. 8 on a short field. All USA Lacrosse rules apply unless otherwise stated in these rules.
- No minimum pass rule for all divisions, however complete play is encouraged especially in the Lightning division in regards to ball movement.
- Offsides penalties will be enforced in all divisions.
- No Counts
- Each game will consist of one 25-minute running time period. Time is kept on the main scoreboards and games will start and end with a common horn. There will be a five-minute break between games for teams to mobilize and prepare for the start of the following game.
- There will be a face-off (standing Neutral Grip) at the **beginning of each game and subsequently after every fourth goal**. This will maximize playing time throughout the game.
- **Senior division teams** will restart after a goal is scored with a goalie clear and all other players moving at least 5 yards away from the goalie, unless the goal scored is after a fourth goal, then there will be a face-off.
- **Junior and Lightning teams** will restart after a goal is scored by the ball being given to any player on goal line extended and all other players moving at least 5 yards away, unless the goal scored is after a fourth goal, then there will be a face-off.
- There will be no substitution horn and all player substitutions are to be done on the fly through the box. Players must be completely off of the field before substitutes may enter the field of play.



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- **All penalties for Senior and Junior teams** will be served as they are in a regular season game with playing man down. Penalty time starts when the penalized player takes a knee in the appropriate penalty box and the referee whistles for play to begin. Penalty time will be kept at the scorer's table.
- **All penalties for Lightning teams** will be served with the penalized player being subsisted out. Lightning teams will **NOT** play man down.
- In the final two minutes of the game the "Get it in and Keep it in" stalling rule will be applied to the team with the lead. This rule is in effect for Junior and Senior play only.
- Team members must wear matching jerseys or practice pinnies and be numbered.
- Teams may have four long poles at both the Senior & Junior levels. No long poles permitted for Lightning teams.
- **Coaches and players may not call time-out.** The referee will only call stoppage of play due to injury or other circumstances.
- **Senior Division Only:** Legal Body checking is allowed, but no player may take more than three steps before checking an opponent, and there are to be NO "take-out" checks. **All unsportsmanlike conduct penalties and take-out checks will result in the penalized player's being ejection from the game. Any ejected players will also be forced to sit out the team's next game and based on the determination of the referee(s) and /or Tournament Director can be asked to leave the event. Any player ejected from two games will not be permitted to play in any remaining games.**
- Per USA Lacrosse Youth rules, all one-handed stick checks are **prohibited** at the youth level of play.
- Since there is no time for coin tosses before games, alternate possession will be decided based on alphabetical order of teams- first alphabetically gets first possession
- In the event of a tie during tournament play, a winner will be determined immediately following the game by a "Braveheart" in which two opposing field players face off and play one-on-one against each other and the opposing goalies until a player scores. Goalies may NOT cross the midline into their opponent's offensive end. All standard possession rules apply on shots and out-of-bounds.
- The top two seeded teams in each Junior and Senior division with the best records will move on to a Championship game. In the event of a tie within the division, the tiebreakers are (in order): (1) head-



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to-head results (if only two teams are tied); (2) total goals against (3) total goals scored (4) coin-flip (1st team alphabetically calls the flip).

- The #1 seeded team in each division will play the #2 seeded team in the Championship game. The winner of this game will be the Ice Breaker Champion in their respective division. The Lightning levels will not have championship games (jamboree style).
- In the event of a tie at the end of a championship game, there will be a sudden-victory (4) four-minute overtime. The two opposing teams will take a two-minute break and re-face off and play with a full field of 10 players. The first goal scored will determine the winning team.
- Disputes of any nature are settled by the Tournament Directors and are final.
- Players, coaches & officials **ONLY** will be allowed on turf fields. Spectators/parents must remain on outside of fence and/or off of the turf on the opposite side of the field from the playing teams. There is no food, gum or chairs allowed on the turf. Non-playing teams should not congregate or warm up on the turf during games. These rules must be strictly enforced by coaches.
- **Due to school and Town regulations the use of barbecue grills and consumption of alcohol on school and Town property is prohibited.**