

# 2022 NJ Heat - Friendly Rules

#### **TEAM CHECK IN**

• The only Team Check-In requirement is to verify that your team insurance is in force. A copy of your insurance can be emailed to <a href="mailto:njheatfastpitch@gmail.com">njheatfastpitch@gmail.com</a> before 6:00 PM on the Friday before the event. If a copy is not emailed, please check your team in prior to your 1st game at the table in the common area.

## **USA Softball Rules Apply**

# **Courtesy Runners**

- Courtesy Runner should be used at all times for Pitchers and Catchers to speed up play. Runner must be used for catcher with 2 outs.
  - Courtesy Runner must come from the bench (any player not in game) or last batted out (in that order).
  - Courtesy Runner(s) must be different for pitcher and catcher within the same inning.

# **Player Line Ups:**

- Teams may choose to bat up to entire roster if they would like to. There will be unlimited defensive substitutions if batting entire line-up.
- DP/FLEX rule may also be used in addition to the EP above and will follow USA Softball Rules

### **Game Length & Time:**

- Home team decided by coin flip. The team that traveled furthest distance will call.
- Seven (7) Inning games for 12U, 14U & 16/18U / Six (6) inning games for 10U
- Game times are 1 hr 20 m FINISH THE BATTER
- Games can end in a tie. If time permits use International Tie Breaker.

#### **Run Ahead Rule**

12 runs after 3 innings; 10 runs after 4 innings; 8 runs after 5 innings