

Kindergarten – 2nd grade rule clarification

Man to Man defense must be played outside the free throw lane. Defenders must be within 6-8ft of the player they are guarding. No double teaming, trapping or zone defenses allowed outside the free throw lane. Double teaming is allowed only inside the free throw lane.

NO ZONE DEFENSE. Teams will be allowed to be in the “help” in man-to-man defense, but they cannot play any version of a zone defense

1. Zone defense is not permitted at any time in the (k)-2nd grade divisions. Triple teaming is not allowed at any time.
2. "Double Teaming" or "Trapping" is only permitted inside the FT lane,
3. "Switching" is permitted.
4. A defensive player must maintain the "Ball-Man Relationship," except when the defensive player is participating in "Double Teaming" the ball as allowed in (2). The defensive player must maintain a distance from his/her assigned player of not more than 6-8 feet.
5. When the ball is loose, i.e., in the air from a shot or pass, or not in the possession of any player, any defensive player may go for the ball.

Note: An offensive player dribbling the ball is in possession of the ball.

Safe Zone

“Red line” for Kindergarten “White line” 1st / 2nd Grade is designated safe zones in which no defenders are allowed during the initiation of the offense. Once the ball exits the “Safe Zone” and crosses the line, the “Safe Zone” disappears, and defense may be extended out the entire half court if the ball is brought back out.

Fouling out with only 5 players

A team WILL PLAY with a player who has five fouls provided the team has no additional players available. The last player to foul out, NOT a player who has previously fouled out, is the player the team must play with. Any additional fouls on that player will result in two free throws and the ball to the offended team.