



2021 GAME RULES

The 2021 Big South Summer Classic boys' divisions will use NFHS Lacrosse Rules with the following modifications

LENGTH OF THE GAMES. Games will consist of four (4) twelve (12) minute running quarters. Clock will stop in the last two minutes of the second half only and only if the score is within 2 goals. If its 3-0 the clock runs. The clock will stop temporarily if there is an injury. No bench time between 1-2 & 3-4 quarter, just switch ends & Face-Off. Five (5) minute half time.

FACE-OFFS. The official will make a DOWN and a SET call before the whistle. HS rules from spring 2021 will be in effect.

OVERTIME. Any game which the score is tied at the end of regulation time shall be followed by one (1) three (3) minute sudden victory overtime period. The clock will stop in the last minute of the overtime period. If the score is tied at the end of the 3-minute overtime, the game will end in a tie score. No bench time after regulation, & do not switch ends of the field, face off ASAP. In a semi-final or championship game the overtime format will continue until a goal is scored.

TIME OUTS. Each team has one time out per half or overtime period that can be used at any time in the contest, as long as it is within the rules set forth by the NFHS. Unused timeouts do not carry over into the second half or the OT period. The game clock will stop for all time-outs. The game clock may stop when a timeout is called by a game Official (clock stops temporarily) in the event of an equipment problem, injury or an emergency.

NO ZONE DEFENSE. Other than EMO/EMD, teams are not permitted to play a zone defense at any point in any contest.

CHECKING. All legal stick & body checks are permitted. All stick checks must be executed with proper intent of contact with the ball carriers stick and or gloves. NO TAKE-OUT CHECKS ARE PERMITTED BY ANY PLAYER AT ANY AGE LEVEL. A take-out check is defined as: Any body checks considered more aggressive or more physical than necessary to stop the advancement of the player carrying the ball or to keep or move a player away from a loose ball. This includes but is not limited to: (i) any check in which a player makes contact with sufficient force and intent to knock down the opposing player; (ii) any check in which a player makes contact with sufficient force and intent to injure the opposing player; and (iii) any check made in a reckless or intimidating manner. Any body check on a player in a defenseless position. This includes but is not limited to: (i) body checking a player from his "blind side"; (ii) body checking a player who has his head down in an attempt to play a loose ball; and (iii) body checking a player whose head is turned away to receive a pass, even if that player turns toward the contact immediately before the body check. NOTE: Game officials should be especially alert to blind side checks at all youth levels.

EQUIPMENT. Goaltenders shall wear throat guards, chest protectors, gloves, mouthpiece, and protective cup. All Field Players must wear a lacrosse helmet, mouthpiece, lacrosse shoulder pads, lacrosse arm guards, lacrosse gloves and a protective cup. All players must properly wear mouth guards always.

PENALTIES: ALL Divisions (*except U-9 2030/31 will have fast breaks - explained below*): will play man up-man down. A 30 second infraction will be 45 seconds of running clock time; a 60 second penalty will be 75 seconds of running clock time.