

# 2021 NJ Heat - Friendly Rules for 12U & 14U

<u>Please review and pass the link below of our COVID-19 Complex Guidelines along to your team and parents – https://www.njheatfastpitch.com/covid19</u>

#### Please note:

- Masks need to be worn when at the registration table and snack stand.
- No spectators are allowed to congregate or watch game from behind the dugout or backstop and will be asked to relocate if needed.
- Please maintain social distancing at all times

#### **TEAM CHECK IN**

Please check-in your team at least 30 minutes before game time.

- Coaches will be emailed a <u>Team COVID Verification Form</u> that will need to be completed prior
  to arrival and brought with them to the complex. This form will need the names of all players,
  coaches and scorekeepers listed and signed by parents and coaches verifying that everyone
  complies with COVID protocols.
- Only one coach required to check-in team (wearing mask at registration table) and must provide:
  - Copy of COVID verification form
  - Copy of team insurance we do not need a copy, just need to verify in force.
- At completion of check-in, coach will be given # of bracelets that correspond with # of names on COVID form and will give to all players and coaches to wear.

Please note that parents and spectators will not need to go through this process.



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### **USA Softball Rules Apply**

## Safety Rules as required by USA Softball.

- ALL BATTING HELMETS MUST HAVE APPROVED FACEMASKS.
- Helmets must be worn at all times by runners while on the field including running back to the dugout.

#### **Courtesy Runners**

- Courtesy Runner should be used at all times for Pitchers and Catchers to speed up play
  - Courtesy Runner must come from the bench (any player not in game) or last batted out (in that order).
  - Courtesy Runner(s) must be different for pitcher and catcher within the same inning.

## **Player Line Ups:**

- Teams may choose to bat entire roster if they would like to. There will be unlimited defensive substitutions if batting entire line-up.
- DP/FLEX rule may also be used in addition to the EP above and will follow USA Softball rules regarding such.

#### Game Length & Time:

- Home team decided by coin flip. The team that traveled furthest distance will call.
- Seven (7) Inning games for 12U/14U / Six (6) inning games for 10U
- No new inning may begin after 1 hr 20
- Games can end in a tie. If time permits use International Tie Breaker.

#### Run Ahead Rule - 12U/14U:

12 runs after 3 innings; 10 runs after 4 innings; 8 runs after 5 innings