# Length of Games and Clock Rules

- Kindergarten/1st Grade 16 Minute Halves
- 2nd Grade/3rd Grade 18 Minute Halves
- 4th-12th Grade 18 Minute Halves

All games will feature a running clock until the final 2 minutes.

During the final 2 minutes the clock will stop on all dead balls. If a team has a 20 point or greater lead the clock will not stop during the final 2 minutes. Additionally, the clock will stop during official's timeouts as well as during the shooting of technical foul free throws.

# Overtime Rules (DURING REGULAR SEASON GAMES CAN END IN DRAW) THIS RULE IS FOR PLAYOFFS

- The 1st overtime will be 2 minutes with a running clock during the 1st minute and the clock will stop on dead balls during the last minute.
- The second overtime will be 1 minute with the clock stopping on dead balls throughout. The third and final overtime will be 2 minutes with a running clock and will be sudden death. If no one scores during this period the game will be a draw.

## **Timeouts**

- Each team will be allowed (3) 45 second timeouts during regulation. These will not carry over into overtime. One additional timeout per team will be allowed during each of the first 2 overtimes.
- There will be no timeouts during the 3rd overtime period.

#### Forfeit Time

Game time will be the forfeit time. If a team does not have at least 4 players on the court at
game time the game will be deemed a forfeit. An exception shall be granted for the first game of
the day in which case a 10 minute grace time shall be allowed. Once a team has 4 players
available the game shall start.

# **Goal Height**

- Kindergarten- 8 Feet
- 1st Grade 8.5 Feet
- 2nd Grade 9 Feet
- All Others 10 Feet

## Ball Size

- Kindergarten/1st Grade 28.5 (Regulation Girls' Ball)
- 2nd Grade-4th Grade 28.5" (Regulation Girls' Ball)
- 5th-8th Girls 28.5" (Regulation Girl's Ball)
- 5<sup>th</sup> (regulation girls ball)
- 6th Boys 29.5" (Regulation Boy's Ball)

## Free Throw Distance

- Kindergarten/1st Grade Shoot from 8 Feet and the shooter may land on the line after the release
- 2<sup>nd</sup> grade- 10 feet may land on line
- 3rd Grade/4<sup>th</sup> Grade Shoot from 12 feet and the shooter may land on the line after the release
- 5th Grade and up Regular rules apply

## Lane Violations\*

- K1-2nd Grade No lane violations will be called
- 3<sup>rd</sup>-4th Grade Ordinary rules shall apply, shooter may land on the line after the release (5 sec in lane will be called)
- 5th Grade and up Ordinary rules shall apply (3 sec in lane will be called)
- \*During lower level games the officials will be allowed to use greater judgment when enforcing the lane rule.

# Pressing\*

- Kindergarten and 1st Grade No pressing will be allowed. The defense must stay "below" blue line line extending parallel with the mid court line and located at the top of the key. Teams must penetrate the imaginary line within 10 seconds of each possession or a violation will be called. If the ball returns above imaginary line, a new 10-second count will begin.
- 2nd Grade No pressing will be allowed
- 3rd Grade No Pressing until the last 5:00 of the 2<sup>nd</sup> half.
- 4th Grade and up No restrictions
- \*No full court press shall be allowed at any level by a team with a lead of 20 points or more.

## **Bench Rules**

- Each team shall be allowed to have a maximum of 2 coaches on the bench during games, one head coach and one assistant coach. Only the head coach is allowed to stand and/or address the officials during play. Each team must have at least one adult coach (18 years of age or older) on the bench at all times.
- Only water and sports beverages are allowed on the bench (in bottles only--no cups are allowed). No carbonated beverages are allowed.

## Technicals

- If you, as a coach, receives a Technical by the official you are required to stay seating for the remainder of the game and you are not allowed to speak your 2nd coach on the bench becomes your speaking coach.
- If you, as a coach, receives a 2nd Technical you are required to leave the court

## Uniforms

- All players shall have jerseys of matching color with numbers clearly visible on the back.
- Teams are encouraged to have reversible jerseys in order to eliminate wearing the same color
  as the opposition. The coaches shall agree prior to game time which team shall be light and
  which shall be dark. In the event that neither team has reversible jerseys, and the sole colors
  are the same, a coin toss will be used to determine which team shall be required to wear
  pennies.
- HOME TEAM WILL BE FIRST TEAM LISTED ON SCHEDULE AND SHOULD TRY TO WEAR WHITE JERSEY

## **Pre-game Procedures**

• Each head coach shall be responsible for ensuring that the roster listed on the official score sheet is accurate including last names and numbers.

## Post-game Procedures

- Players will tell the others players good job (no handshakes or high fives at this point because of covid procedures)
- It is the head coach's responsibility to ensure that all player equipment and water bottles are removed from the bench area immediately upon completion of each game.

# Officials

• The lead official shall certify that the final score is accurate and shall sign the score sheet indicating so.