



## Great Lakes Fall Showdown Rules

- Game blocks will be 50 minutes long (23 minute halves) with a 4-minute halftime.
- One-30 second timeout per team.
- Running Time - No stoppage in play (except for 1 timeout)
- NCAA Rules will be followed however.
- 3 Violations per half on faceoff and penalty.
- Penalties are 30 seconds & 60 seconds running time
- **Officials keep penalties on the field**
- Faceoff Rules – knee down and motorcycle-grip are allowed

### Age Specific Rules

#### 2024-2026:

- 30 Seconds to get into the box on the offensive end.
- Over and back once you get it in the box

#### 2027-2029:

- No over and back or clearing time clock

- All end lines will be lined with balls prior to the start of each game. In the event of a tie, teams will continue to play until the next goal is scored without stoppage in play.
- Substitutions on the fly.
- Game clock and score to be kept at scorekeeper's table.

#### Tiebreakers:

1. Head to head
2. Goals Against
3. Goal Differential
4. Coin Flip

#### COVID Guidelines

- The rules at all levels (USL, NCAA, NFHS) recommend ALL spectators & media must be a minimum of six yards from the sidelines, we will be enforcing this over the weekend. We also will not allow any spectators to sit behind the goals.
- NO shaking hands, fist bumps, or high fives before, during or after games. Limit unnecessary physical contact with teammates, other athletes, coaches, officials, and spectators.
- Masks must be worn where proper social distancing cannot occur by all spectators. Players/coaches must wear a mask when not playing or actively coaching.
- If in a high traffic area of the complex, mask must be worn
- Tents are allowed, just ask that you do not set multiple tents beside each other, keep some distance between each tent