



Revised: November 13, 2020

YOUTH SPORTS RETURN TO PLAY GUIDELINES

To ensure participant health and safety, and enjoyment of our facilities and programs, we will continue to review and update these guidelines regularly to remain in line with federal, state and local guidelines. Updates to guidelines during the season will promptly be communicated.

No one should attend practice or games if not feeling well, has a fever (100.3), currently under quarantine, is waiting for a COVID test result, or has been in contact with someone with COVID-19 in the last 14 days. *Personal health and safety are the responsibility of all players, volunteers, and coaches.*

Basketball Practices held at the JCC:

- **Practices will be limited to 45 minutes beginning Monday 11/16.** Practices times will remain the same. This will help reduce congestion between teams exiting and entering the facility.
- Only players and coaches (1-3) allowed in the practice facilities. No parents, siblings, etc. This includes all grades of players.
- Coaches and players should not arrive more than 5 minutes early for practice. Teams cannot enter the facility until the group before them has left. The entire group will need to enter together. Ideally, this will take place outside.
- **All players, 5 years and older, will need to wear masks when not actively playing (when sitting on sidelines, walking to get a drink, when walking through the gym, etc.)**
- **Players are strongly encouraged to wear masks while playing game/practices.**
- **All coaches will need to wear a mask while coaching and walking through the building.**
- Players and coaches must use hand-sanitizer before entering the facility. Please wash hands or use hand sanitizer, before, after and if possible, during games.
- During practices, players and coaches must social distance as much as possible.
- Players should bring their own water bottles and drink containers. Water fountains will not be available.
- Teams are not to combine with other teams that are practicing at the same time/court.
- Immediately after practice the coaches and players must put masks on and use hand sanitizer before leaving the gym.

JCC Coaches & Little Lions Coaches: All coaches will need to wear a mask while coaching and walking through the building and adhere to the 6ft social distance guideline. Coaches will be responsible for supplying their own practice equipment this season. That is to include, but not limited to basketballs, practice jerseys, cones, etc. The JCC will not provide any equipment to teams this season. Coaches should also provide their own personal hand sanitizer to use between drills and throughout practice. Sanitizing wipes and hand sanitizing stations will be provided in the gym.

Process to Follow if a COVID Case is Confirmed on a Team:

- Notify coach, coach notifies JCC Director of Athletic Programming (lbrannen@jccomaha.org)
- Coach should assist in monitoring the timeline of a player quarantine (14 days)
- If an infected player has come in contact with the team, the entire team will be on a 14 day quarantine (Coach should notify Director of the beginning date)
- Coaches are also required to report if he/she has come in contact with a confirmed COVID case

If a positive COVID-19 test is reported to the JCC, teams impacted will be notified, while keeping the individual's identity confidential.

League and Tournament Games held at the JCC:

Games will be scheduled with additional transition time to allow time for teams to clear the area and for staff to disinfect equipment. Please do not arrive more than 10-15 minutes early for games, as not to crowd exiting teams or interfere with cleaning.

- **Spectators/Athletes/Coaches** are not allowed to enter the facilities until **10-15 minutes prior** to their scheduled game.
- **All players, 5 years and older, need to wear masks when not actively playing (sitting on sideline, walking to get a drink, walking through the gym, etc.)**
- **Players are strongly encouraged to wear masks while playing game/practices.**
- **All coaches need to wear a mask while coaching and walking through the building.**
- **All refs need to wear masks when not actively refereeing (during timeouts, walking to get a drink, walking through the gym, etc.)**
- **Refs are strongly encouraged to wear masks during games.**
- After the game, there will not be any handshakes, congratulation lines, or parent tunnels. We ask teams to participate in our Sportsmanship gesture (2 claps and shouting "GOOD GAME," to their opponent - still practicing social distancing.
- Avoid having large group team meetings before or after the game. When meeting, practice social distancing.
- Post-Game snacks/drinks will be suspended for the time being.

(Continued)

STAENBERG

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SPECTATORS:

1. Attendance will be **limited to ONE PERSON** from immediate athletes household.
2. Spectators/Athletes/Coaches are **not allowed to enter the facilities until 10-15 minutes prior** to their scheduled game.
3. **Staging Areas:** Spectators/players/coaches will not be allowed into the gym until the conclusion of the previous game and all participants have left the area. Staff will notify teams when they may take the floor. Spectators will socially distance upstairs lobby area, upstairs hallway, or outside, weather permitting. Masks must be worn at all times in staging area.

NOTE: To avoid congestion at the admissions table, upon arrival, spectators will be allowed to pay their gate fee and get their hand stamped before heading to their staging area.

Spectator/Player Gym Entry

In order to ensure each player does not exceed the ONE spectator per household limit, the ONE member of the household unit must enter the gym with their athlete. Coaches are not allowed extra spectators. If a coach is coaching their own athlete, they will count towards that child's household unit. **NO SPECTATORS WILL BE ALLOWED ENTRY INTO THE GYM WITHOUT THEIR ATHLETE.** Masks must be worn at all times.

Spectator Seating

Bleachers are placed strategically in the gym and markers are used to designate where the ONE member of a household unit may sit. **Spectators must sit six feet apart from the next household spectator. There is no standing room.** Masks must be worn at all times.