

## **Format and Rules**

- All teams will play 3 pool games and 2 playoff/consolation games.
- NCAA rules
  - New dive rule
    - ➤ Players may now voluntarily leave their feet and enter the crease to score a goal.
    - > The ball must enter the goal before the player touches the crease to count.
    - > Players must be moving in a direction away from the mouth of the goal.
    - ➤ Players leaving their feet towards the goal mouth will be flagged for a 1-minute penalty.

## > Exceptions

- ➤ Games are 50 minutes running time, comprised of two 25 minute halves and a 2 minute halftime.
- ➤ 20 seconds to advance the ball across the midline, but there will be no shot clock. Once the 20 seconds has expired, the over and back rule applies.
- ➤ One 30 second timeout is allotted per team per game, but it can't be called under 5 minutes in the 2nd half game clock continues to run.
- Penalties are start stop.
- > Sudden victory overtime.
- Playoff tiebreakers record, head to head, goals allowed, goal differential, goals scored, and coin flip.