

FOSTER CITY TOURNAMENT BASEBALL
Memorial Day 8U/9U/10U Tournament
May 29 – May 31, 2021
TEAM ROSTER / WAIVER RELEASE FORM

	Player #	Name	Address	City	Zip	Phone	Parents Signature
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Team Name: _____

Manager: _____

Manager's Cell Phone #: _____

Manager's Address: _____

E-MAIL Address: _____

PARENT'S MEDICAL RELEASE – by signing above, I agree to the following:

On behalf of myself and my son, daughter, or person for whom I serve as legal guardian (the “Participant”), I understand that Foster City Tournament Baseball requires the following safety protocols that have been developed by Foster City Tournament Baseball, based upon guidelines and recommendations by Little League International, the California Department of Public Health, the San Mateo County Public Health Director, and approval of the Foster City Parks and Recreation Department. **I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTAND THESE PROTOCOLS AND I AGREE THAT I WILL STRICTLY COMPLY WITH THEM AT ALL TIMES.** I understand that any failure to comply will result in a loss of ability to participate in Foster City Tournament Baseball and a loss of access to fields in the City of Foster City. Agreement to the terms and conditions set forth in this document is required to participate in Foster City Tournament Baseball as of May 29, 2021.

1. All field time is assigned by Foster City Tournament Baseball. Teams may only use fields during their scheduled field time. There are NO OPEN TIMES. All use is scheduled specifically by teams.
2. Observers at practices are limited to immediate household members and limited to the necessity of age appropriate supervision and must maintain at least 6 feet from non-household members. Observers at games are allowed but must remain on the sidelines and not in the bleachers and must maintain at least 6 feet from non-household members. Mixing with other households prior to and post any practice or competition must strictly adhere to current gathering guidance.
3. All players and coaches should perform a health self-assessment and take their temperature before leaving their homes for any practice and will be instructed that they are not permitted to attend if their temperature is over 100.4 degrees.
4. All players and coaches will be instructed to STAY HOME IF THEY HAVE ANY SYMPTOMS OF ILLNESS including, but not limited to: temperature, cough, sore throat, sneezing, body aches, loss of sense of smell, difficulty breathing, or fatigue.
5. There will be **NO SHARED EQUIPMENT**, except for baseballs. There are **NO EXCEPTIONS** to this rule. Players must bring their own bat, glove, helmet, batting gloves, or any other equipment. No such equipment may be used by multiple players. Players should purchase their own helmets and bats.
6. All coaches should bring hand sanitizer or wipes if possible and make them available before and after games. Participants must maintain hand hygiene (wash hands with soap and water or use an alcohol-based hand sanitizer) before play, during breaks, and after the conclusion of the activity.
7. Players and coaches should shower and change clothes promptly after returning from practice or game activities.
8. Catchers may be used only if they are (a) wearing their own personally owned catcher's gear; and (b) using their own personal glove. No shared use of catcher's gear or gloves is allowed between players.
9. No handshakes, fist bumps, elbow bumps, or contact of any kind is allowed at any time.
10. Players should be kept 6 feet apart, including in dugouts. Dugouts may not be used by entire teams. For scrimmages and games, teams are instructed to use a combination of the dugouts and the bleachers to maintain the 6 feet social distancing requirement.
11. There will be no use of the snack shack at this time. Restroom facilities, if open, will be available, but players should practice the appropriate hand hygiene.
12. Activity or gatherings of any kind before or after practice/games or "extra" practice time are prohibited. There is no loitering at the field before or after practice/games. The team manager should arrive early to assure that all protocols are followed and should not leave until all players have been picked up.
13. Non-baseball gatherings at the fields are strictly prohibited. There are no snacks after practice, gatherings, or celebrations of any kind. No food should be brought to practice and players should not share water bottles or other drinks at any time.
14. Managers and coaches must wear personal protective equipment face coverings or surgical masks at all times. Face coverings must be worn by participants during practice, conditioning and during competition, even during heavy exertion as tolerated.
15. Face coverings must be worn when not participating in the activity (e.g., on the sidelines).

I understand baseball is a physical sport and participation in Foster City Tournament Baseball or any baseball program has inherent risks that cannot be eliminated and that there is inherent risk of potential exposure to infectious diseases, including but not limited to COVID-19/Coronavirus that cannot be eliminated. On behalf of myself, the Participant, my family, personal representatives, assigns and insurers, I now and forever release, waive, discharge, and covenant not to sue Foster City Tournament Baseball, each member of its Board of Directors, each manager and coach, each umpire, the City of Foster City, and San Mateo County (collectively the "FCTB Parties") from and of any and all claims, debts, liabilities, actions and causes of action whatsoever, of

every nature, character and description, known, unknown, discovered, undiscovered, suspected or unsuspected (collectively "Claims") including, but not limited to, all Claims arising out of or in any way related to Foster City Tournament Baseball, any FCTB Party's negligence, any emergency medical care administered, any concussion related injuries, any illness or infection or disease or injury or death, any pandemic or public health situation, any COVID-19 or Coronavirus related health issue or exposure, any change in these protocols or new protocols, Participant's participation in Foster City Tournament Baseball's program, and the effectiveness of the electronic signature below. I expressly waive all rights under California Civil Code Section 1542 which provides:

"A general release does not extend to claims which the creditor does not know or suspect to exist in his or her favor at the time of executing the release, which if known by him or her must have materially affected his or her settlement with the debtor."

I represent that I have authority to agree to all terms herein on behalf of the Participant. Further, I agree to defend, hold harmless, and indemnify each of the FCTB Parties from and against any and all Claims (including attorneys' fees) arising out of, or in any way related to Participant's participation in Foster City Tournament Baseball, any negligence of myself or Participant, any illness or infection or disease or injury or death, any pandemic or public health situation, any COVID-19 or Coronavirus related health issue or exposure, or my right to agree to any terms herein on behalf of the Participant. In case of emergency, I authorize Participant to be treated by emergency personnel (e.g. EMT, First Responder, E.R. Physician).