



## GIRLS Spring Lax Jam Rules

- **Suffolk County Girls Lacrosse Rules Enforced**
- 1 – 40 MINUTE GAME
  - SINGLE HORN BLAST STARTS THE GAME
  - SINGLE LONG BLAST ENDS THE GAME
- NO TIME OUTS
- 2 pts for a win, 1pt for a tie, NO POINTS FOR A LOSS.
- 2 way Division Tie Breakers
  - Head to Head (if teams have played each other)
  - Goals Against
  - Coin Flip
- 3 Way Division Tie Breakers
  - Goals Against
  - Coin Flip
- Tie in a Championship & Playoff games will result in OVERTIME, first goal wins.
- IF YOU HAVE 4 GAMES YOUR 4<sup>TH</sup> GAME WILL NOT COUNT TOWARDS STANDINGS
- 5 Goal Rule. If a team is down by 5 Goals they are given the ball at Midfield.
- 2 pts for a win, 1pt for a tie, NO POINTS FOR A LOSS.
- Game starts with and after every goal there is a draw.
  - Re-Draw if the ball does not go about both players shoulders.
- Player or ball out of bounds results in position for opposing team.
- No horizontal stick allowed!
- All grades- 3 seconds in 8M results in possession shot at spot of the ball.
  - Players must be an arms lengths away from opposing player. Offender goes behind
- If game ends and there is a 8M shot, the shot will be taken even though final game horn has ended
- On wide shot the closest player to the BALL gains possession
- If no player is behind GLE on wide shot, then possession goes to the goalie.
- 3<sup>rd</sup> / 4<sup>th</sup> grade is 8v8 unless both coaches agree to play 10v10 prior to start
  - 2 Pass Rule- First Attempted, Second Caught
    - Second pass must be over the restraining line.
  - 3 Second Rule for Good Defensive Position
  - No self starts
  - No Checking
- 5th grade 12v12 modified stick checking
  - 1 Pass Rule- First Caught
    - Pass must be over the restraining line.
  - Modified Checking (below the shoulder)
- 6th grade 12v12 modified stick checking
  - 1 Pass Rule- First Caught
    - Pass must be over the restraining line.
  - Modified Checking (below the shoulder)
- 7th grade and above is 12 v12 unless agreed to otherwise before start
  - No Pass Rule
  - Full checking

- No alcohol is permitted
- Please park in designated areas only
- NO BBQ'S
- **NO Personal Golf Carts or Motor Vehicles Permitted on School Fields**
- **Coaches should always remember they are role models for the players. Refrain from foul and abusive language toward players other coaches, spectators and officials. There is no tolerance for such behavior.**

**All decisions made by the tournament staff are final.**