

# **2019 National Lacrosse Classic**

## **Girls Check-In, Practice and Training Schedule**

DE Turf Sports Complex, Frederica, DE

## 2020 - 2021 Girls

#### Monday, July 15

<u>Team</u>	Check-In	<u>Practice</u>	Pract. Loc.	<u>Team</u>	Check-In	<u>Practice</u>	Pract. Loc.
Carolina	8:30am	10:00am	Field 2	Florida	9:00am	10:00am	Field 4
Long Island	8:30am	10:00am	Field 2	Maryland	9:00am	10:00am	Field 5
New Jersey	8:30am	10:00am	Field 3	Metro NY	9:00am	10:00am	Field 5
New England	8:30am	10:00am	Field 3	Michigan	9:30am	11:00am	Field 4
Delaware	9:00am	10:00am	Field 4	Pennsylvania	9:30am	11:00am	Field 4
				Virginia	9:30am	11:00am	Field 5

### **2022 Girls**

#### Monday, July 15

<u>Team</u>	Check-In	<b>Practice</b>	Pract. Loc.	<u>Team</u>	Check-In	<b>Practice</b>	Pract. Loc.
Carolina	10:30am	12:00pm	Field 1	Delaware	11:00am	12:00pm	Field 3
New Jersey	10:30am	12:00pm	Field 1	Pennsylvania	11:00am	12:00pm	Field 4
Maryland	10:30am	12:00pm	Field 2	North	11:00am	12:00pm	Field 4
Virginia	10:30am	12:00pm	Field 2	Midwest	11:00am	12:00pm	Field 5
South	10:30am	12:00pm	Field 3	Colorado	11:00am	12:00pm	Field 5

#### **2023 Girls**

All teams will meet at Field 10 on Tues. July 16 from 11:00am - 1:00pm for Position Training

	Monday, July 15	Tuesday, July 16		Wednesday, July 17	
<u>Team</u>	Check-In	<u>Practice</u>	Pract. Loc.	<u>Practice</u>	Pract. Loc.
Southeast	3:00pm	2:00pm	Field 4	12:00pm	Field 7
Pennsylvania	3:00pm	2:00pm	Field 4	2:00pm	Field 7
Virginia	3:00pm	2:00pm	Field 5	1:00pm	Field 9
South	3:00pm	2:00pm	Field 5	2:00pm	Field 9
Midwest	3:00pm	3:00pm	Field 3	2:00pm	Field 7
Maryland	3:30pm	3:00pm	Field 3	12:00pm	Field 7
New York	3:30pm	3:00pm	Field 4	2:00pm	Field 9
South Jersey	3:30pm	3:00pm	Field 4	1:00pm	Field 9
Delaware	3:30pm	3:00pm	Field 5	3:00pm	Field 9
New Jersey	3:30pm	3:00pm	Field 5	3:00pm	Field 9



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## Girls Check-In, Practice and Training Schedule

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### 2024 Girls

All teams will meet at Field 10 on Tues. July 16 from 9:00am - 11:00am for Position Training

	Monday, July 15	Tuesday	y, July 16	Wednesday, July 17	
<u>Team</u>	Check-In	<u>Practice</u>	Pract. Loc.	<u>Practice</u>	Pract. Loc.
Keystone State	4:00pm	1:00pm	Field 4	1:00pm	Field 2
Midwest	4:00pm	1:00pm	Field 4	1:00pm	Field 3
Delaware	4:00pm	1:00pm	Field 5	1:00pm	Field 2
Chesapeake	4:00pm	1:00pm	Field 5	2:00pm	Field 3
Pennsylvania	4:00pm	1:00pm	Field 9	2:00pm	Field 4
New Jersey	4:30pm	1:00pm	Field 9	2:00pm	Field 3
Long Island	4:30pm	2:00pm	Field 7	2:00pm	Field 6
South	4:30pm	2:00pm	Field 8	1:00pm	Field 3
Maryland	4:30pm	2:00pm	Field 8	2:00pm	Field 4

## 2025 - 2026 Girls

All teams will meet at Field 10 on Tues. July 16 from 9:00am - 11:00am for Position Training

	Monday, July 15		y, July 16	Wednesday, July 17	
<u>Team</u>	Check-In	<u>Practice</u>	Pract. Loc.	<u>Practice</u>	Pract. Loc.
Fierce	5:00pm	12:00pm	Field 7	1:00pm	Field 7
Brave	5:00pm	12:00pm	Field 7	2:00pm	Field 5
Spirit	5:00pm	1:00pm	Field 7	1:00pm	Field 7
Speed	5:00pm	1:00pm	Field 7	2:00pm	Field 5
Flight	5:00pm	2:00pm	Field 7	2:00pm	Field 6

