

## RULES OF PLAY:

- 3 rd grade $-4^{\text {th }}$ Grade is 10 v 10 including goalie
- 5th grade $-6^{\text {th }}$ Grade 12 v 12 including goalie, modified stick checking is allowed
- $6^{\text {th }}$ grader - Teams and under must play U.S. Lacrosse Youth Level A rules
- Modified checking
- 3 Second Rule for good defensive positioning
- The 4 goal rule will NOT be used
- The 1 pass rule will NOT be used
- Red Card(Flagrant) - the player will be required to sit out their next game
- $\quad 7^{\text {th }}$ graders - Teams may elect to play regular U.S. Lacrosse Women's Rules
- Full Checking
- Red Card(Flagrant) - the player will be required to sit out their next game
- $8^{\text {th }}$ Grade - Varsity is 12 v 12 unless agreed to otherwise before start


## DURATION OF PLAY:

- Regulation Size Fields
- Games consist of ONE 40 minute game
- NO time outs
- Free position are taken after the horn sounds
- During an injury time out, clock will run
- Score to be kept by the officials on the field. Official's rulings are final
- No jewelry, no band aids covering the jewelry
- Goalies must wear all equipment
- A central horn starts and stop each game
- Home team is the team listed first. Home team will wear pinnies if necessary
- If a coach is issued a yellow card it counts as a team foul and the team must remove a player from the field.
- IF YOU HAVE 4 GAMES, YOUR $4^{\text {TH }}$ GAME WILL NOT COUNT TOWARDS YOUR STANDINGS
- Play off tie breakers
- Points, Head to head (If they play each other head to head, if not goes to goals against), Goals against, Coin toss
- If any teams ties in a Playoff Game or Champ Game there will be a 3-Player Braveheart plus goalie, First Goal Wins!


## SPORTSMANSHIP

- Sportsmanship is important. Please respect the coaches, referees, players \& fans.


## RULES RELATED TO INCLEMENT WEATHER:

- There are no "rain dates" for the Lax Blast. Assume that games will be played on their scheduled dates.
- If inclement weather that causes a game stoppage (i.e. lightning sighting) during the event, the following rules apply:
- Play will stop until the head official deems the weather suitable for resuming
- If the delay is substantial, Tournament HQ may make a decision to shorten all remaining games until the tournament is back on time.

