# **2018 National Championship**

# **Skills Showcase**

Come out to the South Farha Center on Thursday August 2<sup>nd</sup>, from 12:00-4:30 to participate in the MAYB National Tournament Skills Showcase. Come out and sharpen up your skills before the big tournament! The cost is \$5 per event, competitive grade divisions from 1<sup>st</sup>-12<sup>th</sup> grade.

#### **Hot Shot**

- Contestants will have one minute to make as many shots from the 3 labeled spots as possible
- The 3 spots are a lay-up worth 1 point, elbow shots worth 3 points and a three-point shot worth 5 points
- Top 2 contestants in each division will receive a trophy.

#### Skills Combine

- Test your athleticism at the Skills Combine!
- There will be 3 events, Vertical Jump, Broad Jump, and 15yd Shuttle
- Each event will be measured and added up to the total
- The participant with the highest number of inches jumped and lines touched will be the winner

## Skills Course

- Contestants will have the chance to use their speed along with their dribbling and shooting skills in the Skills Course
- Dribbling through cones, 2 ball dribbling and running figure 8 will all be a part of the course. Along with 3 shots with the ability to deduct seconds off their total time
- The participant with the best time wins.

## **Dunk Contest**

- Grade divisions 3-6, 7/8, and high school can participate
- 5/6 on 8 foot goals, 7/8 on 9 foot goals, and high school on 10 foot goals with NO FINALS
- Judges will be present, the top three dunks will be scored, preliminary dunk session will run until 3:15
- The final round starts at 3:30 with the same 90 second format will be used for 3-6 and 7/8 division.