



## NLF HS Club National Championship Event Rules

### COMPETITION RULES

- We will be following NCAA rules for all grades
  - The only exclusions will be stick head measurements
  - Winning team must keep it in the box for last two minutes

### GAME PLAY

- Games will have four 12-minute running time quarters. There will be a 5-minute half time.
- Games will start on the hour and run on the official's time.
- Teams are allowed one 30-second time out per game. Timeouts are **NOT ALLOWED IN THE FOURTH QUARTER** of the game. Clock does not stop during timeouts.
- If a game is tied with 30 seconds remaining in the game, we will be playing "next goal wins". Games will not stop for OT. If a goal is scored before regulation ends, the game is over.
- Referees will keep official score. In addition, there will be scorekeepers at each field.
- 2 Points = Win
- 1 Point = Tie
- 0 Points = Loss
- Playoff Tiebreakers:
  - Record from Pool Play
  - Head to Head Record
  - Goals Against
  - Goal Differential

*\*In the event of a three-way tie, Head to Head will not apply and we will continue on to Goal Diff.*

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*I understand these rules and will coach within rules of the event.*