



### **Rules & Warnings:**

Full NCAA Rules Apply except there are NO stick checks unless requested. Any sticks can be used by all.

2027/28 division will NOT play NCAA 30 second count rule.

All Games are four, 11-minute running quarters. 2-minute break between all quarters and half-time.

If a 6<sup>th</sup> game is played (usually only a Championship Game) teams can play as short as 8-minute running quarters (only if both teams/coaches agree to play in person together).

All penalties are running time starting on ref whistle. Referee keeps running game clock and penalty clocks and official score. Field coordinator supports scores and times as needed but is NOT official.

No Ties allowed. If tied go to 'Sudden Victory' with no clock until a team scores.

One 30 second time-out per game can be taken at any time. One time-out in OT. Clock stops for OT's.

Main Tie-Breakers: Head to Head, then lowest Goals Against, then highest Goals For, then Goal Differential. Some divisions may have specific tie-breaker & seedings explained in a division section on Tourney Machine.

All players must submit [ONLINE WAIVER](#) to be eligible. Failure may result in team forfeit.

Teams must wear reversible game jerseys. Failure results in loss of ball in opening possession.

Please be aware that balls can and will fly from fields (shots or passes) and cause serious bodily harm.

Do not sit directly behind goals or within reach of errant shots that could travel up to 50 yards from a goal.