

RULES & WARNINGS

- Full NCAA Rules apply except there are NO stick checks unless requested. Any sticks can be used by all.
- All games are two 24 minute running time halves. Only a 2 minute break for half-time
- All penalties are running time starting on official's whistle. Referee keeps running game clock and penalty clock.
- Ties ARE allowed. There will be no OT in pool play games.
- One 30 second time-out per half can be taken and clock stops
- Zone defenses are NOT allowed/permitted in even man situations.
- All players must submit a required online waiver to be eligible.
- Teams must wear reversible game jersey at all times.
- Please be aware that balls can and will fly from field and can cause bodily harm.
- Do not sit directly behind goals or within reach of errant shots.

POOL PLAY & BRACKET GAMES

- All teams will play four pool games and are guaranteed five games in total
- Tiebreakers will be handled as follows:
 - Overall Record
 - Head to Head (only if all tied teams have played)
 - Goals Allowed
 - Goals Scored
- Eight teams in each Division will qualify for a single elimination championship bracket on Sunday.
 - For 2019, 2020 and 2021 top team teams from each pool qualify
 - For 2022 (Top 2 teams in Pools A & B (5 teams each), Top 3 teams in Pool C & D (6 teams each) qualify).
- All teams that do not qualify for the championship bracket will play a single consolation game once pool play concludes.

Thank you and enjoy our event!

NAL Founding Club Teams