

MARCH 31

2018

SYOSSET

LACROSSE
SHOOTOUT



TOWNS ONLY





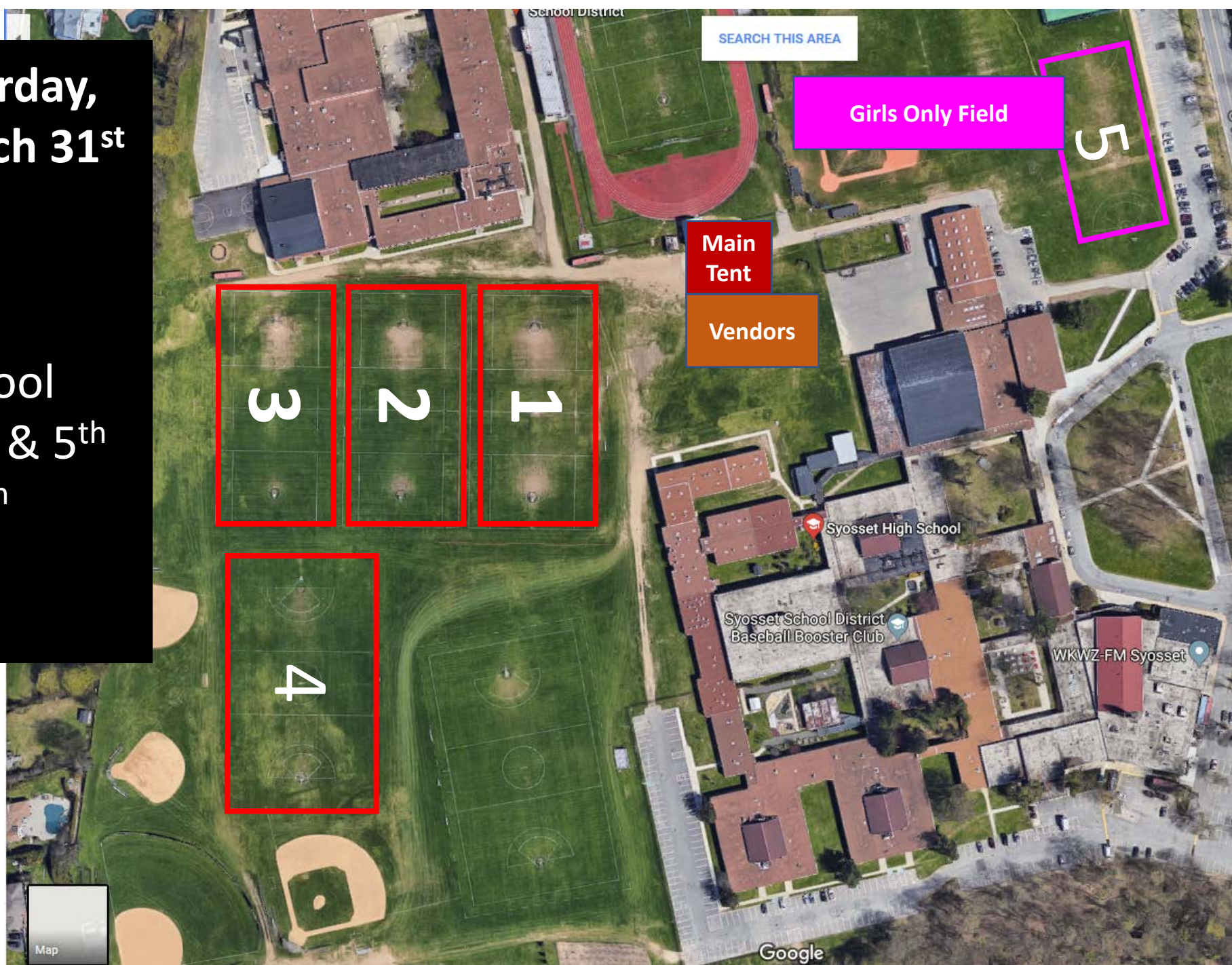
All Teams Must Follow These Items Below for The tournament.

1. All Teams must check-in 30 minutes before first game at main tent area, to drop off waivers, pick up 3 new balls (1 for each game)
2. Rosters must be emailed with all information included for insurance purposes to anthony@igloolax.com No Exceptions, failure to submit an electronic roster fully completed will result in forfeiting your games.
3. All Head Coaches will be required to print out score cards which are included in this packet. Print the score card cut up the cards so that each one of your games has a card. You will hand this card into one of our game runners who will take both coaches cards from the game and update tourney machine. We are doing this so no scores are disputed with both coaches or Refs.



Saturday,
March 31st

Syosset High School
Boys Grades 8th, 4th & 5th
Girls Grades 6th





Stillwell Park Grades 2nd, 3rd, & 6th Boys

Saturday, March 31st



Boys General Rules

For All Grades 10 vs. 10

- Central Horn Blast to Start Game (Ref's Will Keep time of games after the start horn of the game.)
- 1 Timeout Per Team / Per Half...(30 Second Timeouts) - not in last 2 min. of the game.
- Two 20 minute Running Halves
- Three Minute Half Time
- All Penalties will be Full Time Served
- Intentional Helmet to Helmet Contact will result in a 2 minute non releasable penalty.
- Any Contract that is deemed excessive in any way will result in a 2 minute non releasable penalty.
- Winning Team must keep it in the box during the last two minutes of game.
- No Games will have Brave Hearts. If games end in ties that will be kept that way.
- Championship games that end in a tie will result in a 5 minute running time overtime; sudden death victory with a full 10 on 10.
- 3 Points for A Win, 1 Point For A Tie, 0 Points for a Loss
- First Tie Breaker is Goals Against, 2nd Tie Breaker is Head to Head Matchup, Third Tie Breaker Goal Differential, Fourth Tie Breaker is Goals Scored
- No BBQ's or pets will be allowed, and **any coach, parent or player demonstrating unsportsmanlike conduct** will be asked to be removed from the tournament.

2nd, 3rd, 4th, 5th, 6th Grade Specific Rules

- NO One handed Checks Allowed
- No Failure To Advance
- No Stall Warnings
- Winning Team must keep it in the box during the last two minutes of game.
- Subs will be allowed when the ball goes out of bounds, or after a penalty is called, and on the fly. ASK FOR A HORN...
- All Other Rules will Follow Nassau County PAL Rules.
- 4 Goal Rule is in Affect (Team Down by Four Goals Will Start with Ball after each goal or half no matter what)
- Team up by four goals must make 3 Passes in the Box.

7th, 8th, Specific Rules All High School Rules Apply (This is Not PAL Rules)

- Failure To Advance
- Stall Warnings
- One Handed Checks Allowed

Girls Rules

For All Grades 7 vs. 7

- Protective Eyewear, mouth pieces must be worn at all times.
- Central Horn Blast to Start Game
- 1 Timeout Per Team / Per Half...(30 Second Timeouts) - not in last 2 min. of the game.
- Two 20 minute Running Halves
- Three Minute Half Time
- Any Cards will result in Full Time Served
- Any Contract that is deemed excessive in any way will result in a 2 minute Penalty.
- No Games will have Brave Hearts. If games end in ties that will be kept that way.
- Championship games that end in a tie will result in a 5 minute running time overtime; sudden death victory with a full 7 on 7.
- 3 Points for A Win, 1 Point For A Tie, 0 Points for a Loss
- First Tie Breaker is Goals Against, 2nd Tie Breaker is Head to Head Matchup, Third Tie Breaker Goal Differential, Fourth Tie Breaker is Goals Scored
- No BBQ's or pets will be allowed, and **any coach, parent or player demonstrating unsportsmanlike conduct** will be asked to be removed from the tournament.

3rd, 4th, 5th, 6th Grade Specific Rules

- Substitutions may take place after every goal and between halves. You may sub on the fly during play, but players must exit and enter through their own team's sub location located at the middle of the field.
- All Other Rules will Follow Nassau County PAL Rules.
- 4 Goal Rule is in Affect (Team Down by Four Goals Will Start with Ball after each goal or half no matter what)
- Team up by four goals must make 3 Passes before going to the Net.

- ***** ALL Other Rules Please See NCPAL Rules: http://ncpallacrosse.com/files/116367/girls_pal_lacrosse_rules-modified.pdf

Syosset Shootout Schedule – Last Updated: 3/26/2018 – Schedule Will Be On Tourney Machine Soon

	Syosset High School Fields					Stillwell Park							
					Girls Only Fields								
Game Start Times	Field 1	Field 2	Field 3	Field 4	Field 5	Field 6	Field 7	Field 8	Field 9	Field 10	Field 11		
8AM	1 vs 2	1 VS 2	3 VS 4	5 VS 6	1 vs 2	1 VS 2	1 VS 2	3 VS 4	5 VS 6	7 VS 8	9 VS 10		
9AM	3 vs 4	1 VS 2	3 VS 4	5 VS 6	3 vs 4	3 VS 4	5 VS 6	7 VS 8	9 VS 10	1 VS 2	3 VS. 4		
10AM	1 vs 3	1 VS 4	2 VS 5	3 VS 6	1 vs 3	2 VS 7	1 VS 6	2 VS 7	3 VS 8	4 VS 9	5 VS 10		
11AM	2 vs 4	1 VS 4	2 VS 5	3 VS 6	2 vs 4	1 VS 6	3 VS 8	4 VS 9	5 VS 10	1 VS 3	2 VS 4		
12PM	1 vs 4	1 VS 5	2 VS 3	4 VS 6	1 vs 4	2 VS 9	1 VS 10	2 VS 9	3 VS 7	4 VS 5	6 VS 8		
1PM	2 vs 3	1 VS 5	2 VS 3	4 VS 6	2 vs 3	1 VS 10	3 VS 7	4 VS 5	6 VS 8	1 VS 4	2 VS 3		
2PM	CHAMP	CHAMP	CHAMP		CHAMP	CHAMP	CHAMP				CHAMP		
3PM													
4PM													
5PM													
6PM													
7PM													
8PM													
2028 - 2nd Grade		2027- 3rd Grade		2026 - 4th Grade		2025 - 5th Grade		2024 - 6th Grade		2022 - 8th Grade		2024 - 6th Grade Girls	
Team	#	Team	#	Team	#	Team	#	Team	#	Team	#	Team	#
SYOSSET	1	Syosset	1	Syosset	1	SYOSSET	1	SYOSSET	1	SYOSSET	1	Syosset	1
<i>Bethpage</i>	2	<i>Bethpage</i>	2	<i>Bethpage</i>	2	CSH	2	<i>Greenwich</i>	2	CSH	2	Bellmore	2
Harborfields	3	CSH	3	Levittown	3	<i>Franklin Square</i>	3	Manhasset	3	Ridgefield	3	Pequa	3
<i>Hills</i>	4	<i>Manhasset</i>	4	Northport	4	<i>Greenwich</i>	4	Ridgefield	4	Smithtown	4	<i>CSH</i>	4
Levittown	5	Levittown	5	<i>Seaford</i>	5	<i>Hills</i>	5						
Manhasset	6	<i>Greenwich</i>	6	Manhasset	6	Ridgefield	6						
NorthShore	7	Merrick	7	If your team name is in Red Italics you are required to bring a check to the tournament made out to "Syosset Youth Lacrosse" In the Amount of \$585, please put your Town Name, Grade and Gender in the memo Section and hand it into the main tent upon arrival.									
Port	8	Franklin Square	8										
<i>Sachem</i>	9	<i>Seaford</i>	9										
Wantagh	10	Northshore	10										

Score Card Sample and How to Fill out

Game Start Time: <i>10 AM</i>	Field # <i>8</i>
Ref 1 Name: <i>Ed Wallace</i>	Ref 2 Name: <i>John Smith</i>
Team Name: <i>Syosset</i>	Team Name <i>Northport</i>
Score: <i>5</i>	Score: <i>6</i>
Coach Name: <i>John Doe</i>	Coach Name: <i>Rob Thomas</i>
Grade: <i>5</i>	Gender <i>Boys</i>
Tallies: <i>////</i>	Tallies: <i>//////</i>
Head Coach Signature:	<i>John Doe</i>

SAMPLE

Score Card

Game Start Time:	Field #
Ref 1 Name:	Ref 2 Name:
Team Name:	Team Name
Score:	Score:
Coach Name:	Coach Name:
Grade:	Gender
Tallies:	Tallies:
Head Coach Signature:	

Score Card

Game Start Time:	Field #
Ref 1 Name:	Ref 2 Name:
Team Name:	Team Name
Score:	Score:
Coach Name:	Coach Name:
Grade:	Gender
Tallies:	Tallies:
Head Coach Signature:	

Score Card

Game Start Time:	Field #
Ref 1 Name:	Ref 2 Name:
Team Name:	Team Name
Score:	Score:
Coach Name:	Coach Name:
Grade:	Gender
Tallies:	Tallies:
Head Coach Signature:	