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# TOURNAMENT & EQUIPMENT RULES & POLICIES

## REGISTRATION DEADLINES

\*\*\* NEW FOR 2018 \*\*\* The deadline to complete registration for a tournament, *including payment*, is now NOON the Monday prior to the tournament. Any registrations completed after this time will incur a \$50 late fee.

NOTE: If an age group has filled up prior to the Registration & Payment Deadline, any team that has not paid, may be requested – via email – to pay within 7 days. If payment has not been received by then, these teams may be waitlisted to allow other teams to pay.

## TOURNAMENT RULES

The set of rules used for each Training Legends tournament is determined by the type of tournament play (Travel, All-Star, or All-Star Championship).

### TRAVEL TOURNAMENTS

Training Legends tournament rules are based on the official National Federation of State High School Associations (NFHS) Baseball Rules Book (<http://www.nfhs.org/ebooks>), with minor modifications for age divisions younger than high school. Download a PDF copy of the official Training Legends Travel Baseball Rules document here (<https://traininglegends.com/wp-content/uploads/2017/03/Training-Legends-Travel-Baseball-Rules-2017-03-24-FINAL-5.pdf>).

### **\*\* NEW FOR 2018: Coach Pitch 30' Safety/Pitching Arc**

- **Safety Arc:** There shall be a thirty (30) foot arc drawn from first (1st) baseline to third (3rd) baseline in front of home plate. Infielders must stay behind this line until the ball is hit.
- **Pitching Circle:** There shall be a ten (10) foot diameter circle with the front edge at forty-two (42) feet from the rear point of home plate.
- **Pitcher's Line:** There shall be a line drawn from the pitcher's circle to the safety arc.
- **The Pitching Coach** shall keep one foot on or straddle the pitcher's line. The Pitching Coach can pitch anywhere in-between the 30' Safety Arc and the 42' Pitching Circle.
- **The Penalty** for not obeying the **"30' Safety/Pitching Arc"** rules is **"no pitch"**.

### **ALL-STAR TOURNAMENTS (REGULAR SEASON)**

All regular season Training Legends All-Star tournaments follow the Official Rules of Dizzy Dean Baseball. Download a PDF copy of the Dizzy Dean rules document here. (<http://dizzydeanbbinc.org/rules.htm>)

### **ALL-STAR TOURNAMENTS (WORLD SERIES)**

All World Training Legends All-Star tournaments follow the Training Legends High School rules. Download a PDF copy of the rules document here. (<https://traininglegends.com/wp-content/uploads/2017/06/Training-Legends-ALL-STAR-baseball-rules-2017.06.26.pdf>)

### **TRAINING LEGENDS ALL-STAR CHAMPIONSHIP TOURNAMENTS**

The rules for two championship tournaments – the Training Legends Georgia State Championship for All-Stars and the Training Legends All-Star World Series – are based on the official National Federation of State High School Associations (NFHS) Baseball Rules Book (<http://www.nfhs.org/ebooks>), with minor modifications for age divisions younger than high school. Download a PDF copy of the official Training Legends All-Star Baseball Rules document here. (<https://traininglegends.com/wp-content/uploads/2017/03/Training-Legends-ALL-STAR-Baseball-Rules-2017-03-30-FINAL-1.pdf>)

*Be sure to check the individual tournament page to confirm which rules apply to your event.*

## EQUIPMENT RULES

### SAFETY

- The catcher's helmet must be NOCSAE approved.
- We strongly recommend that ALL people on the field (e.g., players, coaches, assistant coaches, umpires, and bat boys) wear protective gear such as helmets and protective cups. Failure to do so is at your own risk.
- Players and coaches are responsible for making sure that all equipment is in good and proper working order prior to its use in the tournament.

### BATS

- All 13U players must use an approved bat that is no lighter than drop 5 (-5).
- If a 13U team is playing up in 14U or higher, the 13U players must use bats which comply with 14U rules, which means an approved BBCOR bat or a legal wood bat.
- Training Legends allows the use of both:
  - The existing USSSA BPF 1.15 Standard
  - The use of the new USA Bat Standard
  - Legal wood bats

Penalties for using an illegal bat will be strictly enforced. Article 7, Section 4, Article 1 of the NFHS rules states:

“A batter is also out as in above penalty or when ... the batter enters the batter’s box with an illegal bat (see 1–3–5) or is discovered having used an illegal bat. If the infraction is discovered before the next pitch following the turn at bat of the player who used an illegal bat, the defense may take the penalty or the result of the play.”

## DUGOUT AND FIELD SAFETY

- No buckets, stools, or other items or equipment may be outside of the dugout when the ball is in play.
- All players, coaches, bat boys, and personnel are to stay in the dugout while the ball is in play, with the exception of the batter who is on deck.
- The batter who is on deck is to be in the warm up circle and in a position to pay very close attention to the activities on the field so as to avoid injury.
- It is recommended that all coaches wear protective helmets when on the field.
- Failure to follow these rules is at your own risk.

## NEED HELP?

WE SPECIALIZE IN HELPING



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We differentiate ourselves by offering personalized "concierge" style service to our teams and families. Please call us at (404) 382-7899 (tel:+1-404-382-7899) or email us at [help@traininglegends.com](mailto:help@traininglegends.com) (mailto:help@traininglegends.com) if we can help in any way.

## TOURNAMENT INFORMATION

Spring 2018 Tournaments (<https://app.traininglegends.com/tournament/search>)

Tournament Rules (<https://traininglegends.com/tournament-rules/>)

Credit and Refund Policy (<https://traininglegends.com/credit-refund-policy/>)

Pitching Policy (<https://traininglegends.com/pitching-policy/>)

## SERVICES

Player Showcase Winter 2018 (<https://traininglegends.com/showcase-jan2018/>)

Player Showcase Resources (<https://traininglegends.com/player-showcase-resources/>)

Showcase Winter 2018 Coach Registration (<https://traininglegends.com/showcase-jan2018-coach-registration/>)

Showcase Winter 2018 Player Registration (<https://traininglegends.com/showcase-jan2018-player-registration/>)

Legend of the Week (<https://traininglegends.com/player-legend-of-the-week/>)

Team Services (<https://traininglegends.com/team-services/>)

Game Photography (<https://traininglegends.com/photos/>)

Rec Park Services (<https://traininglegends.com/rec-park-services/>)

## FREQUENTLY ASKED QUESTIONS

FAQ (<https://traininglegends.com/faq/>)

## ABOUT US

About Us (<https://traininglegends.com/about/>)

Our Legends (<https://traininglegends.com/our-legends/>)

## RESOURCES

Tools and Resources (<https://traininglegends.com/resources/>)

Training Legends Blog (<https://traininglegends.com/blog/>)

Metro Atlanta Tournament Calendar (<https://traininglegends.com/metro-atlanta-tournament-calendar/>)

## CONTACT US

Contact (<https://traininglegends.com/contact/>)



TEAM LOGIN/REGISTER

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