

**North Florida Youth Lacrosse League
Beaches/Bolles/Creeks/Episcopal/Fleming
Island/Gainesville/Mandarin/PAL/Providence/PV/Villages**

2018 Rules Addendum to US Lacrosse Rules

Rules: The game is to be played with emphasis on the proper development of individual stick skills, team play, player safety, and sportsmanship. US Lacrosse Boys Youth Rules will apply, subject to the following additions and modifications.

General:

Hosting Responsibilities:

- Ensure fields are set up, for a 0800 start time
 - o Goals and end line balls (1 box of balls is being provide to each host by US Lacrosse North Florida Chapter)

Game Format:

1. 10U 7v7 – Change from US Lacrosse
2. Game format
 - a. Running Clock
 - b. Length of game (55 Min Games)
 - i. **8U & 10U** – 25 Minute halves with a mandatory 2 min water break.
 - ii. **12U & 14U** – 25 Minute halves
 - c. 5 Min halftime
 - d. Central Horn
 - e. Penalties are time and a half
 - f. **No Overtime**

7V7

Fast Break Penalty – On the whistle players may release from GLE

Refs

1. 8U, 10U – 2 HS refs
2. 12U - 1 Adult Ref, 1 HS Ref
3. 14U – 2 Adult refs, or 1 adult ref and 2 HS refs

Participation

The League will follow US Lacrosse age rules for 8U, 10U, 12U and 14U and the applicable age requirements.

All commissioners must approve any exceptions.

Rosters

Team rosters must be established prior to the first game. Players can't be added to a team and players can't change teams once the roster is established. US lacrosse numbers and birth certificates must be verified from each player by each program.

Player Equipment

All players are required to wear protective gloves, arm pads, shoulder pads, shoes, helmet w/mouthpiece and jerseys. A protective cup is also required.

Long Poles

The league will follow US lacrosse rules which allow 12U and 14U to utilize long poles, however in 12U, they can't be taller than the player including the head. If a player gets 3 penalties with the long pole (slashing, cross checking or unnecessary roughness) the player will be unable to use the long pole for the rest of the game and the next game. US Lacrosse recommends that no long pole should be taller than the player.

Play of the Game and rules:

The game is to be played with emphasis on the proper development of stick, team, and sportsmanship skills. All divisions will follow US Lacrosse rules.

Penalties

All penalties for 12U and 14U will be served at time and a half. 10U will not play man down but will utilize a Fast Break (pull off field, coach up, and release).

Game Termination

Officials will have authority to terminate a boys' youth game in response to flagrant acts of unsportsmanlike behavior by coaches, athletes, spectators, or fans.