

2022-2025 Divisions:

Game Rules (NCAA Rules with the following Revisions)

- In case of a tie at the end of regulation, sudden victory overtime will be played. No Time Outs.
- Penalty time will be served as 45 seconds and 90 seconds respectively due to running time halves.

2026-2027 Divisions:

Game Rules (NCAA Rules with the following Revisions)

- In case of a tie at the end of regulation, sudden victory overtime will be played. No Time Outs.
- Penalty time will be served as 45 seconds and 90 seconds respectively due to running time halves.
- No stick longer than 54" will be allowed
- No counts except 4 second count for goalie
- Play stops when the ball hits the ground with a flag down