

General Rules

- Mouth Guards, Arm Pads and Shoulder Pads Required
- Penalty time will be kept by refs (Man-Up/Man-Down)
- Any fighting/flagrant disrespect towards an official will result in expulsion from the tournament
- Games consist of 2- 20 minute running time game – 1 minute half time to switch sides, 4 minutes between games.
- Time will be kept on field.
- No timeouts in last 5 minutes. 1 Timeout per game.
- No Dogs allowed
- No Barbeques allowed
- Concessions/Vendor Village will be present
- EMT/First Aid will be present
- 3 Points for Win, 1 Point for Tie
- Tie Game= 2 minute Braveheart 3 v 3
- Tiebreakers- Points, Head to Head, Goal Differential, Goals Against
- All Grades- Man Up/Man Down (Can play fast breaks if both teams agree (2/3 Grade)
- No Clearing time, but 4 second goalie rule applies
- NO TAKE OUT CHECKS
- Horns available upon coaches requests for substitutions
- MERCY RULE: If team is trailing by 6 goals they have OPTION to take the ball
- Long poles are allowed at ALL ages

DISPUTES: All disputes to be resolved by the rules committee and decisions are FINAL