



[High School \(2017, 2018, 2019, 2020\) – NCAA Rules \(VIEW here\)](#)

- Games will consist of four 11 minute quarters. The clock will run except for the last two minutes of the game, which will be start/stop if the score difference is less than 4 goals
- 1 timeout per HALF. Does not carry over. Game clock will stop for timeouts.

GENERAL RULES:

- Mouth guards, arm pads, gloves, helmets, and shoulder pads are required
- Players may only play for one team during the tournament.
- Any fighting or flagrant disrespect towards an official will result in expulsion for the remainder of the game and possibly the tournament. No exceptions, no refunds!
- Please remember all teams came from far and near expecting to play a certain number of games and we rely on the professionalism and sportsmanship of all coaches involved to hold that commitment.
- Referees will keep Game time. Penalty time will be kept in the box. Penalty time is start/stop.
- In the event of a tie, teams will play one continuous sudden victory overtime period. No time-outs permitted in overtime. A one minute break will be given before overtime. NO BRAVEHEARTS
- There are no mandatory stick checks. However, the head coach may request a stick check. If the stick is found to be legal, the challenging team will be charged a time out. If no timeout remains, a delay of game technical foul will be assessed.
- Decisions on the field are the final ruling. No disputes will be heard after the game.
- Any coach or player ejected from a game will not be allowed to participate in the following scheduled game for their team.

Game Breakdown

2017: 2 pools of 4, 1 pool of 5. Guaranteed 3 pool play games Saturday. Sunday - Playoffs: Top two from the pools of 4, and top three from the pool of 5 will advance. Those seven teams will be reseeded based on the playoff seeding criteria. Consolation: All remaining teams play 2 games Sunday.

2018: 2 pools of 5, 1 pool of 4. Guaranteed 3 pool play games Saturday. Some teams in pools of 5 will play crossover game. Sunday - Playoffs: Three teams from each of the pools of 5 and top two from the pool of 4 will advance. Those eight teams will be reseeded based on the playoff seeding criteria. Consolation: All remaining teams play 2 games Sunday.

2019: 3 pools of 5, 1 pool of 4. Guaranteed 3 pool play games Saturday. Sunday - Playoffs: Three teams from each of the pools of 5 and top two from the pool of 4 will advance. Those eleven teams will be reseeded based on the playoff seeding criteria. Consolation: All remaining teams play 2 games Sunday.

2020: 2 pools of 5, 1 pool of 4. Guaranteed 3 pool play games Saturday. Some teams in pools of 5 will play crossover game. Sunday - Playoffs: Three teams from each of the pools of 5 and top two from the pool of 4 will advance. Those eight teams will be reseeded based on the playoff seeding criteria. Consolation: All remaining teams play 2 games Sunday.

Playoff Seeding

1. Pool Winner (Record)
2. Head-to-Head
3. Goals Against
4. Goal Differential
5. Goals For
6. Coin Flip

*For pools with odd number, one team plays 4 games. If needed, pool will be decided by # of wins and then Head to Head.

[Youth \(2021, 2022, 2023\) – Modified NFHS Rules with US Lacrosse Emphasize](#)

[\(View here\)](#)

- Games will consist of four 11 minute quarters. The clock will run except for the last two minutes of the game, which will be start/stop if the score difference is less than 4 goals
- 1 timeout per HALF. Does not carry over. Game clock will stop for timeout.
- 20 sec / 10 sec clearing rule for **ALL** ages – 20 seconds to clear the ball from your defensive end. 10 seconds to get into the offensive box.
- Teams that appear to be stalling will be warned to keep the ball in the box. All teams with a lead must keep the ball in the box for the last two minutes of the game.

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- In the event of a tie, teams will play one continuous sudden victory overtime period. No time-outs permitted in overtime. A one minute break will be given before overtime. NO BRAVEHEARTS
- There are no mandatory stick checks. However, the head coach may request a stick check. If the stick is found to be legal, the challenging team will be charged a time out. If no timeout remains, a delay of game technical foul will be assessed.
- Decisions on the field are the final ruling. No disputes will be heard after the game.
- Any coach or player ejected from a game will not be allowed to participate in the following scheduled game for their team.

2021: 1 pool of 5, 1 pool of 4. Guaranteed 3 pool play games Saturday, 1 team in pool of 5 will play 4. Sunday - Playoffs: All teams advance to playoffs and are guaranteed 2 games.

2022: 1 pool of 5. Guaranteed 3 pool play games Saturday, 1 team will play 4. Sunday - Playoffs: All teams make playoffs. Consolation: First round losers get guaranteed 1 more game.

2023: 1 pool of 4. Guaranteed 3 pool play games Saturday. Sunday - Playoffs: All teams make playoffs. Consolation: First round losers get guaranteed 1 more game.

Playoff Seeding

7. Pool Winner (Record)
8. Head-to-Head
9. Goals Against
10. Goal Differential
11. Goals For
12. Coin Flip