

NFHS Rules Apply With Below
Border Wars Invitational – Supplement
2016 Rules for Boys Youth Lacrosse

Rules of the Game	U9	U11 – U15 (5/6 & 7/8)	Comments
Crosse Dimensions	All players 37" - 42"	NFHS	
Coaches on Field	Yes 1-Only	No	
Length of Game	Two 25 min running Halves	Two 25 min running Halves	Central horn. (Hawks games one 25 min game)
Overtime	Gladiator	Gladiator	3 v 3 plus a goalie. 1 goal wins.
Final Two Minutes of Regulation Play	NFHS	NFHS	Keep in the box under 2 mins.
Facing Off	Slaughter Rule	Slaughter Rule	7 goal lead losing team has option for no face-off.
Advancing the Ball	NO COUNTS	NFHS	No counts for U9
Team Time-Outs	Exception	Exception	1 min per team per half. Running clock. Not allowed in last 2 min of game.
Body-Checks	No body checking	Permitted	NO TAKE-OUT CHECKS ARE PERMITTED BY ANY PLAYER AT ANY LEVEL. Legal pushes, holds and "boxing out" are allowed at all levels including U9.
Checks Involving the Neck/Head	NFHS	NFHS	One, two or three minute non-releasable foul or expulsion from game, at the official's discretion.
Unsportsmanlike Conduct	NFHS	NFHS	In addition to the USC examples contained in NFHS Rule 5-10, any player or coach who uses derogatory or profane language on the field or bench, whether addressing a player, coach, or official may receive: first offense, 1 to 3-minute non-releasable unsportsmanlike conduct penalty, second offense, a 3-minute non-releasable expulsion foul.
Stalling	Waived	NFHS	If a game official detects an effort to stall the advancement of the ball in either the defensive clearing area or the offensive zone outside the goal area, the official will give a verbal command to <i>"advance the ball"</i> followed by a visual 5-second hand count. If the team so warned does not attempt to advance the ball within 5-second count to within five yards of an opposing player, a turnover will occur with restart at the point of the stalling infraction (or laterally outside the goal area). <i>The team with the lead NEED NOT automatically keep the ball in the goal area during the last two minutes of the game.</i>
Time Serving Penalties	EXCEPTION	NFHS	U11-U15 NFHS standard penalty times. Official will keep the time on the field. U9 level - Offending player must leave the field and remain out of the game for the approximate length of his penalty time but his team may replace him with a substitute on the field. No man up situation should occur.. Referees will keep penalty time on the field for all divisions except U9. If a U9 team exceeds 5 time serving fouls in a single game then they will begin to serve the penalties man-down.
Over and Back	Not enforced	Not Enforced	