



2015 Girls Long Island Laxfest Tournament Rules

RULES OF PLAY:

- ☐ 3rd grade – 4th Grade is 8v8 unless both coaches agree to play 10v10 prior to start
- ☐ 5th grade – 6th Grade 10v10 unless both coaches agree to play 12v12 prior to start modified stick checking is allowed
- ☐ 6th grader - Teams and under must play U.S. Lacrosse Youth Level A rules
 - ☐ Modified checking
 - ☐ 3 Second Rule for good defensive positioning
 - ☐ The 4 goal rule will NOT be used
 - ☐ The 1 pass rule will NOT be used
 - ☐ Red Card(Flagrant) - the player will be required to sit out their next game
- ☐ 7th graders - Teams may elect to play regular U.S. Lacrosse Women's Rules
 - ☐ Full Checking
 - ☐ Red Card(Flagrant) - the player will be required to sit out their next game
- ☐ 8th Grade – Varsity is 12 v12 unless agreed to otherwise before start

DURATION OF PLAY:

- ☐ Regulation Size Fields
- ☐ 18 min running halves
- ☐ 2 min half times
- ☐ NO time outs
- ☐ Free position are taken after the horn sounds
- ☐ During an injury time out, clock will run
- ☐ Score to be kept by the officials on the field. Official's rulings are final
- ☐ No jewelry, no band aids covering the jewelry
- ☐ Goalies must wear all equipment (shins and thigh pads, mouthguards)
- ☐ A central horn starts and stop each half
- ☐ Home team is the team listed first. Home team will wear pinnies if necessary
- ☐ If a coach is issued a yellow card it counts as a team foul and the team must remove a player from the field.
- ☐ **IF YOU HAVE 4 GAMES, YOUR 4TH GAME WILL NOT COUNT TOWARDS YOUR STANDINGS**
- ☐ Play off tie breakers
 - ☐ Points, Head to head (If they play each other head to head, if not goes to goals against), Goals against, Coin toss
- ☐ If any teams ties in a Playoff Game or Champ Game there will be a 3-Man braveheart, First Goal Wins!

SPORTSMANSHIP

- ☐ Sportsmanship is important. Please respect the coaches, referees, players & fans.

RULES RELATED TO INCLEMENT WEATHER:

- ☐ There are no "rain dates" for the Long Island Laxfest. Assume that games will be played on their scheduled dates.
- ☐ If inclement weather that causes a game stoppage (i.e. lightning sighting) during the event, the following rules apply:
- ☐ Play will stop until the head official deems the weather suitable for resuming
- ☐ If play stops during the first-half of a game: After the stoppage, the game resumes with the start of the 2nd half.
- ☐ If play stops during the second-half of a game: The game ends immediately with the stoppage. Team in the lead at the time of stoppage is declared the winner.
- ☐ If the delay is substantial, Tournament HQ may make a decision to shorten all remaining games until the tournament is back on time.

